Degree Benefits
Athletic training is the prevention, treatment and rehabilitation of injuries that occur in the physically active population. Athletic trainers are allied health professionals who comprise one portion of the sports medicine team when they work closely with physicians, physical therapists and others in the care of physically active patients. California University’s athletic training (AT) program leads to a Bachelor of Science degree in athletic training and makes the student eligible for certification as an athletic trainer by the Board of Certification (BOC). The AT Program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

Job Options
Graduates of Cal U’s athletic training program are employed all across the United States in a wide variety of settings. Anywhere athletic trainers are employed, one can find Cal U alumni. They are employed with professional sports teams; at colleges and universities; in hospitals, sports medicine and outpatient orthopedic clinics; high schools; and the armed forces. Many of the graduates of the AT Program further their education by going on to graduate school in exercise science, kinesiology, physical therapy, athletic training, occupational therapy, physician assistant, exercise physiology or another related field.

Program Objectives
Currently, about 65 students are enrolled in the professional phase of Cal U’s athletic training program; all have made a commitment to complete their clinical experiences. The professional-phase students complete their clinical education experience over a three-year period with a clinical instructor. Clinical experiences take place on campus and at local high schools and colleges. Students graduating in the athletic training program must complete the Board of Certification examination to become certified athletic trainers and be eligible for licensure through the Pennsylvania State Board of Medicine.

University Resources
The undergraduate athletic training program has been accredited since 1982.

Cal U’s access to distance education, AV aides and other means of technology, in addition to the quality of its faculty, sets it apart from programs at other colleges and universities.

Cal U’s intercollegiate athletic program includes 18 varsity sports, allowing students to gain valuable experience as athletic trainers. In addition, students gain clinical experience at many affiliated sites located off-campus.

The Hamer Hall athletic training facility is one of the largest (4,700 square feet) and best-equipped facilities of its type. The facility includes a state-of-the-art hydrotherapy area. Additionally, students have access to computer and athletic training laboratories. It provides outstanding opportunities for students to apply their classroom knowledge and skills in a practical setting.

BACHELOR OF SCIENCE
ATHLETIC TRAINING—120 CREDITS
Admission to the athletic training program is competitive, and only a limited number of students are selected each year. In the second semester of the freshmen year, interested pre-professional AT students submit an application form to the program director, who with the other AT Program faculty screen the applications, conduct interviews, conduct written and practical entrance exams, and admit students to the professional phase of the AT Program. Candidates must have a 3.00 GPA and a minimum B- in athletic training courses, documented observation hours, a successful interview, competitive entrance exam scores and the ability to comply with the program’s technical standards, with or without reasonable accommodation.* For additional details on admission requirements and/or a copy of the program’s technical standards, contact the program director at Hamer Hall 114 or visit the program’s website at: http://www.calu.edu/academics/programs/athletic-training/index.htm.

The following eight-semester schedule of courses provides a recommended framework for completing this program of study in four years.
**Freshman Year**

**First Semester** .................................................................14 credits  
**ENG 101 English Composition I** .................................................3 crs.
**HSC 110 Human Anatomy and Physiology I** ...............................4 crs.
**PSY 100 General Psychology** ..................................................3 crs.
**UNI 100 First Year Seminar** .....................................................1 cr.
General Education Course ..........................................................3 crs.

**Second Semester** .................................................................14 credits  
*ATE 150 Introduction to Athletic Training** ...................................4 crs.
**HSC 115 Current Health Issues** ................................................3 crs.
**HSC 120 Human Anatomy and Physiology II** ............................4 crs.
General Education Course ..........................................................3 crs.

**Sophomore Year**

**Third Semester** .................................................................15 credits  
*ATE 225 Evaluative Techniques** ................................................4 crs.
**HSC 275 Functional Kinesiology** ..............................................3 crs.
**HSC 301 Emergency Medical Response** ...................................3 crs.
*ATE 204 Athletic Training Clinical Education I** ............................2 crs.
General Education Courses .......................................................3 crs.

**Fourth Semester** .................................................................16 credits  
ATE 206: Athletic Training Clinical Education II ..............................2 crs.
*ATE 265 Evaluative Techniques II** ..............................................4 crs.
**HSC 290 Therapeutic Modalities with Lab** ..................................4 crs.
ATE 215: Evidence Based Practice ................................................3 crs.
General Education Courses OR Elective Courses .........................3 crs.

**Junior Year**

**Fifth Semester** .................................................................17 credits  
*ATE 330 Therapeutic Exercise with Lab** ....................................4 crs.
*ATE 305 Athletic Training Clinical Education III ..........................2 crs.
*ATE 425 Admin. Strategies In Athletic Training .............................2 crs.
**MAT 205: Statistics** .................................................................3 crs.
300- or 400-level General Education OR Elective Course ...........6 crs.

**Second Semester** .................................................................14 credits  
*HSC 325 Physiology of Exercise** ..............................................3 crs.
*ATE 315 General Medical Assessment .........................................3 crs.
*ATE 306 Athletic Training Clinical Education IV ..........................2 crs.
300- or 400-level General Education OR Elective Course ..........7 crs.

**Senior Year**

**Seventh Semester** ...............................................................14 credits  
ATE 400 Ortho Evaluations in Sport Medicine ................................1 crs.
*ATE 405 Athletic Training Clinical Education V ..........................2 crs.
*ATE 440 Pharmacology ...............................................................2 crs.
*ATE 460 Sports Medicine Research ............................................3 crs.
300- or 400-level General Education OR Elective Course ........6 crs.

**Eighth Semester** .................................................................15 credits  
ATE 401 Lower Extreme Ortho Evaluations In Sport Medicine ..........1 crs.
*ATE 406 Athletic Training Clinical Education VI ..........................2 crs.
300- or 400-level General Education OR Elective Course ..........12 crs.

*Required major and related courses.
**Required and recommended General Education courses.

Note

The policies and procedures described here may be reviewed and revised as the need arises. This fact sheet should be used as an information guide. For details on current policies and procedures, contact the chair of the department.

**Program Contact Information**

Contact the Department of Health Science by phone at 724-938-4562.

**Department Website**

www.calu.edu/academics/programs/athletic-training

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**QUESTIONS ABOUT ADMISSIONS?**

Office of Admissions  
California University of Pennsylvania  
250 University Ave.  
California, PA 15419-1394  

Phone: 724-938-4404  
Toll-free: 888-412-0479  
Fax: 724-938-4564  
E-mail: inquiry@calu.edu

**ABOUT US**

California University of Pennsylvania is a proud member of the Pennsylvania State System of Higher Education. Located in the borough of California, just 35 miles from Pittsburgh, Cal U serves about 8,200 undergraduate and graduate students.

- Cal U's main campus houses academic buildings, dining and recreation facilities, and six suite-style residence halls.
- Cal U's upper campus includes the Vulcan Village apartments, athletic facilities at Roadman Park, and space for student meetings and outdoor recreation at SAI Farm.
- Cal U Global Online is the University’s virtual campus, offering degree and certificate programs 100% online.

**FINANCIAL AID**

For information on student loans and undergraduate scholarships, visit www.calu.edu or call 1-888-412-0479.

**www.calu.edu**

A proud member of the Pennsylvania State System of Higher Education.

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Policies and Procedures: Note that the policies and procedures described above may be reviewed and revised at any time. This fact sheet should be used as an informational guide. For details on current policies and procedures, contact the Provost/Vice President of Academic Affairs at 724-938-4407.

Rev 5/14